

Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

CENTINELA STATE PRISON (CEN) 2302 Brown Road Imperial, CA 92251		Kenneth Phillips Community Resource Manager (760) 337-7640
	Name of Program	Summary Description
1	Alcohol Anonymous/Narcotics Anonymous	12-step recovery program where inmates learn to acknowledge alcohol and narcotic addiction and the need to live a sober life
2	Alternatives to Violence (AVP)	Classes regarding changes in violent behaviors
3	Cage Your Rage	Anger management
4	Kairos	A self-help group teaching on love, respect of oneself and others
5	Life Without a Crutch	Address social skills and methods of dealing with peers, family and society

Updated annually in May